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NAMRAATA GULRAJANI

Hypnotherapy & Mind Sciences Specialist

CERTIFICATIONS & QUALIFICATIONS

- BACHELOR OF ARTS PSYCHOLOGY & SOCIOLOGY DOUBLE MAJOR - SOPHIA COLLEGE, BOMBAY UNIVERSITY.
- BACHELOR OF LAW LLB - GOVERNMENT LAW COLLEGE, BOMBAY UNIVERSITY.
- TRAINER OF CLINICAL HYPNOTHERAPY & PSYCHOTHERAPY FROM HYPNOTHERAPY TRAINING COLLEGE AUSTRALIA.
- ASSOCIATE CERTIFIED COACH (ACC), EXECUTIVE COACH & LIFE COACH CERTIFIED FROM INTERNATIONAL COACH FEDERATION.
- NEURO-LINGUISTIC PROGRAMMING & HYPNOSIS MASTER PRACTITIONER CERTIFIED BY THE AMERICAN BOARD OF NEURO-LINGUISTIC PROGRAMMING.
- NEURO-LINGUISTIC HYPNOTHERAPIST CERTIFIED BY NFNLP.
- INTEGRATED CLINICAL HYPNOTHERAPY FROM CALIFORNIA HYPNOSIS INSTITUTE (EKAA).
- TIME LINE THERAPY® MASTER PRACTITIONER CERTIFIED BY TIME LINE THERAPY ASSOCIATION.
- TASSO ADVANCED REGRESSION THERAPY NETHERLANDS CERTIFIED BY IBRT & RECOGNIZED BY EARTH (THE EARTH ASSOCIATION FOR REGRESSION THERAPY).
- INTERNATIONAL ADVANCED DIPLOMA IN CLINICAL HYPNOTHERAPY, PSYCHOTHERAPY & COUNSELLING ACCREDITED BY ASSOCIATION FOR PROFESSIONAL HYPNOSIS AND PSYCHOTHERAPY (APHP) AND THE GENERAL HYPNOTHERAPY STANDARDS COUNCIL (GHSC), UK.
- GENERAL ANXIETY DISORDER APPROVED BY THE BRITISH PSYCHOLOGICAL SOCIETY.
- BRAIN WORKING RECURSIVE THERAPY (BWRT) GENERAL PSYCHOPATHOLOGY APPROVED AND ACCREDITED BY THE BBRBS (BRITISH BRAIN WORKING RESEARCH SOCIETY).
- BROAD BAND FOR THE BRAIN (BB4B) APPROVED BY BBRBS.
- MBRAINING EVOLVE YOUR WORLD CERTIFIED BY MBIT, MBRAINING MIDDLE EAST - AUSTRALIA.
- EMOTIONAL FREEDOM TECHNIQUE PRACTITIONER, APPROVED BY GARY CRAIG.

HOLISTIC APPROACHES

- Psychotherapy
- Hypnotherapy, CBT
- Neuro Linguistic Programming
- Transpersonal Regression Therapy
- Life Coach
- Relationship Coach
- Family Constellations
- Emotional Freedom Technique
- Reiki Healing
- Theta Healing
- Energy Healing
- Sound Healing
- Meditations
- Chakra Balancing
- Metaphor Therapy
- Tarot Inspiration



CERTIFICATIONS & QUALIFICATIONS

- DIPLOMA IN COGNITIVE BEHAVIORAL THERAPY CERTIFIED BY THE ASSOCIATION FOR PROFESSIONAL HYPNOSIS AND PSYCHOTHERAPY BASIC & ADVANCED.
- BASIC & ADVANCED APPLIED PSYCHOLOGY, DUBAI.
- METAPHOR THERAPY, DUBAI.
- THETA HEALING BASIC DNA, ADVANCED DNA, MANIFESTATION, GAME OF LIFE AND INTUITIVE ANATOMY CERTIFIED BY THETA HEALING INSTITUTE OF KNOWLEDGE.
- REIKI MASTER, INDIA AND DUBAI.
- DHYAAN 50HR MEDITATION TEACHERS DUBAI.
- SOUND THERAPY SONIC TEMPLE.
- CRYSTAL HEALING, DUBAI.
- CHAKRA BALANCING NATURA, AUSTRALIA.
- FAMILY CONSTELLATIONS.
- NUMEROLOGY, DUBAI PRIISM.
- ACCESS BAR, ACCESS CONSCIOUSNESS DUBAI.
- SRT, ILLUMINATIONS DUBAI.

SERVICES OFFERED

- Private Consultations
- Meditations
- Workshops & Training

Languages Spoken: English

Nationality: Indian

GET IN TOUCH

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ABOUT NAMRAATA

Namraata is a Hypnotherapist, Transformational coach, Mind Science specialist conducting various services in Mind Therapies & Energy Healing. She has been a senior therapist in Illuminations Dubai. She always has been fascinated with the working of the mind and the nadir and zenith it can bring a human to! She graduated in Psychology and second graduation in Law from the Bombay University. It was then that she moved to Dubai with her family.

Namraata has an entrepreneur background and is the Co-Founder of a leading chain of bookstores in Dubai and UAE. When she came to Dubai, she identified the need for a better bookstore. She opened her first bookstore in 1992 with not enough startup capital and within the span of a decade, she had grown it to 13 outlets in the UAE.

Two major financial crisis and downturn didn't keep her down. She believes in pulling herself together and coming back even stronger. It is her personal and spiritual crisis in 1990 that steered her into her current path and calling. She reinvented herself with the tool and techniques that she now uses to help her clients empower themselves to break free of negative, self-sabotaging and limiting beliefs. She is motivated in facilitating people to discover the huge resources in them and utilize it to lead a more fulfilling life.

Namraata is also an intuitive energy healer and combines several modalities to bring an integrated approach to healing and empowering. She has happy clients who have been helped in many ways to overcome their issues, transform themselves and live a life of their choice. She is also continuously studying to enhance her life and of those she touches.